

# KISHAW HIKE LOG

Hike Location \_\_\_\_\_ Date \_\_\_\_\_

Hike Leader \_\_\_\_\_ Hike Leader Mobile \_\_\_\_\_

**Please read and sign:**

I understand that Kentuckiana Single Hikers and Walkers (KISHAW) is a not-for-profit club whose members and guests participate voluntarily in outdoor activities including hiking, camping and canoeing. I understand that there are inherent dangers in such activities, and that I am responsible for my own well being and safety. I understand that the other members hike leaders, and club officers of KISHAW are not to be held responsible for any injuries I might sustain through my voluntary participation. I state that I am generally in good physical shape, and if I have any medical conditions that might impact my hiking abilities, I will inform the hike leader prior to the hike. Providing your mobile phone number is voluntary and will only be used in case you are separated from the group.

	Printed Name	Signature	Mobile # <i>(Optional)</i>	Member Y / N	
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